

# SOCIAL DISTANCING 101

Social distancing is the act of reducing face-to-face contact which may help slow and reduce the spread of disease.



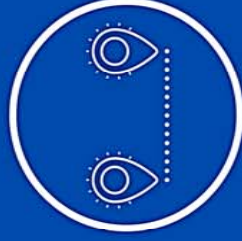
Limit in-person gatherings with people who do not live with you.



Limit outings only to purchasing essential supplies.



Limit use of public facilities.



Maintain at least six feet between other people at all times.



Stay at home as much as possible.



Limit use of public transportation unless it is your only option.



If you have the ability, work from home as much as possible.

For more information about the Coronavirus, please visit the websites of the Centers for Disease Control (CDC) and the PA Department of Health.